



Junior Athletics Carnival –Years Prep-3

Team Games, Long Jump, High Jump, Shot Put, Sprints

Day Two: Friday 27 June 2025, 9.00am to 1.15pm, Palmwoods State School

Back-up Date: Friday 25 July, 9.00am to 1.15pm, Palmwoods State School

	Prep Boys/Girls		Year 1 Boys/Girls		Year 2 Boys/Girls		Year 3 Boys/Girls	
8:50am	Assemble at Oval and Welcome							
9.00-9.30am	High Jump		Long Jump		Shot Put		Team Games	
9.30-10.00am	Team Games		High Jump		Long Jump		Shot Put	
10.00-10.30pm	Shot Put		Team Games		High Jump		Long Jump	
10.30-11.00pm	Long Jump		Shot Put		Team Games		High Jump	
First Break 11:00-11:45am	Eating & Rest Only – No Play							
11.45am	Whole School move to Oval and War Cries							
12:00-1.15pm	Prep 60m	Year 1 60m	Year 2 80m	Year 3 80m	9yrs 100m Finals	10yrs 100m Finals	11yrs 100m Finals	12/13yrs 100m Finals
1.15-1.45pm	Second Break							
2.00-2.20pm	Teacher vs Year 6 Leaders Relay							
2.30pm	Presentations							

Times are approximate and subject to change based on staffing, number of participants and event.



Senior Athletics Trials – Years 4-6

800m Heats, 200m Heats, 1500m Trials, Discus Trial

	9 Yrs Boys/Girls (2015)	10 Yrs Boys/Girls (2015)	11 Yrs Boys/Girls (2014)	12 Yrs Boys/Girls (2013)
1500m Time Trial		Friday 6 June 2.00-2.45pm. Nominations close Friday May 30		
800m Heats	Thursday 12 June 2.00-2.45pm. Nominations close Friday 6 June, Week 7			
200m Heats	Friday 20 June 2.00-2.45pm Nomination close Thursday 12 June, Week 8			
Discus		Monday 15 June – 1 st Break	Tuesday 16 June – 1 st Break	Monday 25 June – 1 st Break
		Nominations Close Friday 20 June, Week 9		

Nominations for Sports Day will open in Week 5.

Students wishing to participate in the events listed above can nominate during second break on Wednesdays and Fridays on the library deck. Only students who nominate will be eligible to attend trials. Nominations will remain open until the week of the event.

The 1500m and discus events are only open to students who are turning 10–12 years of age by 31 December 2025.

Students born in 2013–2015 are eligible for selection into the school team to compete at the Nambour District Trials. Please note that there are qualifying standards for some events. Students will not automatically qualify based on placement alone.