



Sandwiches and Salad

Vegemite, Jam, Honey, Cheese, Ham, Chicken,
Tuna, Salad Sandwich **From** \$3.00
Gluten Free Bread add \$1.00

Roast Sweet Potato, Fetta and Spinach Salad with Honey
Lemon Dressing \$6.00
Chicken or Tuna/Egg add \$2.00/\$1.50

Pizza And Pasta

Cheese Pizza \$5.00
Ham, Cheese and Pineapple Pizza \$6.00
Chicken, Aioli, Sweet Potato and Spinach Pizza \$6.00
Gluten Free base add \$1.00

Spaghetti Bolognese *add Cheese* \$5.00/\$5.50
Gluten Free Pasta add \$1.00



Weekly Specials

Monday - Mexican

Beef/Pork Burrito with Spinach and Salsa *add Cheese* \$6.00/\$6.50
Gluten Free Burrito \$7.00
Salsa and Corn Chips (GF) (Snack size) *add Cheese* \$2.50/\$3.50

Wednesday - Sushi (GF) **order by noon on Tuesday**

Chicken/Lettuce/Mayo, Avocado, Tuna/Mayo, Veggie **From** \$4.00

Thursday – Toasties

Ham, Cheese, Chicken, Avocado **From** \$3.50

Friday – Burgers

Chicken or Beef Patty, Salad *add Cheese* \$6.00/\$6.50
Gluten Free Burger (GF Chicken only) add Cheese \$7.50/\$8.00

Palmwoods State School

Piccabeen Tuckshop



Term 3 Menu 2025

Orders taken over the
counter or via
www.flexischools.com.au

All orders must be placed
by 8:15am
Limited Late Menu
ordering available until
9.00am

Drinks

Chocolate Milk 250ml \$3.00
Strawberry Milk 250ml \$3.00
Fruit Juice Popper 250ml \$2.00
Bottled Water 300ml \$1.00

Hot Food



Pie *Sml/Lge* \$3.50/\$6.00
Sausage Roll *Sml/Lge* \$3.50/\$6.00
Gluten Free Sausage Roll (GF) \$6.00
Spinach & Feta Roll/GF (V) \$5.50/\$6.50
Chicken Nuggets/GF Tenders w Fried Rice \$6.00/\$7.00
Chicken Tender Salad Wrap/GF \$7.00/\$8.00
Pineapple Fried Rice \$5.00
Mini Garlic Bread (V) \$1.50
Gluten Free Garlic Bread (GF) \$2.50
Corn Cob or Boiled Free Range Egg (GF) \$1.00/\$1.50



Snacks



Fruit Salad Cup \$2.00
Granola, Yoghurt and Fruit Parfait \$2.50
Whole Fruit or Veggie Sticks w Dip \$1.00/\$2.00
Biscuit/Muffin/Slice/Cake **From** \$1.00
Gluten Free Banana Bread (GF) \$3.00
Gluten Free Biscuit (GF) \$1.00
Popcorn *Sml/Lge* (GF) \$0.20/\$0.50
Yoghurt Tub \$1.50
Cheese and Rice Crackers (GF) \$2.00
Apple Crumble/Add Custard \$2.00/\$3.00
Harvest Pea Snaps (GF) \$1.50
Frozen Fresh Fruit \$0.20/\$0.50
Fruit Juice Ice Sticks \$0.50
Vanilla Dixie Cup (GF) \$1.50
Ice Popz Sour \$2.50
Milk Moosie \$2.00
Bulla Frozen Yoghurt \$3.00